

# Publications & Classes by Sheila Lowe

CATALOG 2014

**NEW!**

## Videos of live online course

**\$20/video**



Introduction to handwriting analysis in 13 one-hour weekly classes.

Based on the *Complete Idiot's Guide to Handwriting Analysis*, this series is an opportunity to study at very low cost with a graphologist of nearly 50 years' experience.

Pay for 12 sessions at once, get the 13th session free! Or, even better, get all the videos FREE when you purchase the four lesson Gestalt Course.

## The latest monographs from Sheila Lowe

### [What Makes You Tick?](#)

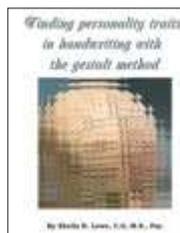
\$20



Love, Security, Power—what motivates you? According to Abraham Maslow, everyone needs all of these, but for a variety of reasons some of us get stuck in one need or another. Using Maslow's hierarchy of needs as a framework, this paper discusses how handwriting reveals the strongest motivations in the writer's life.

### [Finding Personality Traits in Handwriting with the Gestalt Method](#)

\$20



This monograph is not just a laundry list of traits and specific strokes. Rather, it defines many important traits and describes the behavior each represents. Plus, using the principles of spatial arrangement, writing form, and writing movement, identifies where to find these traits.

### [Improve your life with Graphotherapy \(Manual\)](#)

\$20



This new monograph explains how, and provides some sample exercises, as well as music clips, so that you can do your own program of graphotherapy. Includes handwriting exercises and affirmations performed with music that can help create new neural pathways in the brain and affect behavior.

[Signs of Childhood Sexual Abuse in Adult Handwriting](#) \$15



What the handwriting analyst needs to know about childhood sexual abuse and how unresolved trauma manifests in handwriting. Case histories and handwriting samples.

[Handwriting: What's Freud Got to Do With It?](#) \$18



Does a handwriting analyst need a psychology degree to practice professionally? What else does it take to be a handwriting professional? These questions are addressed in this 85 page monograph. In addition to the discussion of professionalism are samples of many famous psychologists' handwritings, including Freud himself, his daughter Anna, Karen Horney, Erich Fromm, Erik Erikson, and many others. This monograph was based on a lecture presented at the 2012 AAHA Conference in Chicago and has been greatly expanded.



On DVD - 2 Lectures by Sheila Lowe

1. [Unlock Personality with Handwriting Analysis](#) \$20

Introduction to the principles of spatial arrangement, writing form and writing movement. 45 minutes, presented to a live audience in September, 2013.

2. [Lecture: Relationship Red Flags seen in Handwriting](#) \$20

A discussion of healthy and unhealthy relationships and some of the ways they may be seen in handwriting. 45 minutes, presented to a live audience in September, 2013.

[Save: the 2 DVDs bundled:](#) (includes postage) \$36

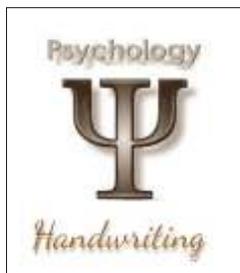
Handwriting samples on CD or by download

1. [Handwriting samples of criminals, many famous](#) \$19

2. [Unique handwriting samples unlike any you've seen](#) \$15

**Save** with both collections on one CD \$27

## Special Psychology and Handwriting Series



Eleven special psychology print lectures, written by Dr. Ze'ev Bar Av and edited and expanded by Sheila Lowe.

- [#1 - Introduction to Adjustment Disorders](#) \$20  
Fear, Stress, Anxiety: What they mean and how they manifest in handwriting.
- [#2 - The Adjustment Disorders](#) \$20  
Impulse Control and Frustration tolerance, how they may be seen in handwriting.
- [#3 - Introduction to Personality Disorders](#) \$20  
The importance of understanding what personality disorders are and how they manifest in handwriting.
- [#4 - Antisocial Personality Disorder](#) \$20  
The personality traits associated with antisocial personality disorder and where they are found in handwriting.
- [#5 - Borderline & Histrionic Personality Disorders](#) \$20  
Two personality disorders that appear similar but are different. This lecture explains the two and shows how they are different, as well as where they may be seen in handwriting.
- [#6 - Narcissistic & Dependent Personality Disorders](#) \$20  
A discussion of the Narcissistic and Dependent Personality Disorders, what they mean and how they are found in handwriting.
- [#7 - Obsessive Compulsive & Paranoid Personality Disorders](#) \$20  
Obsessive-Compulsive Personality Disorder and Paranoid Personality Disorder: what they are and how they manifest in personality and handwriting.
- [#8 Schizoid, Schizotypal Personality Disorders, Schizophrenia, DID](#) \$20  
These personality disorders, viewed along a spectrum, are not interchangeable. Illustrated by handwriting samples, this paper discusses the important differences.
- [#9 What the Graphologist Needs to Know About Psychology & Freud](#) \$20  
Psychology provides an important foundation and framework for any graphological report. This lecture discusses how graphology and psychology can and should work together.

[#10 - Anger, Hatred, Aggression, and Violence in Handwriting](#) \$15

What does the handwriting analyst need to know about anger, hatred, hostility, aggressive, and violence and their expression in handwriting? Learn about the powerful emotions that are often experienced and expressed in destructive actions. Anger is part of a continuum that begins with an internal feeling at one end and can be carried all the way through to hostility, aggression and violence at the other. Elements of handwriting reveal how the writer deals with these types of feelings.

[#11 Reporting Your Results, Sanity-Competence](#) \$20

When reporting your findings it is extremely important that the graphologist follow certain guidelines in order to protect him- or herself and do the best possible job for the client. This lecture deals with what you need to know about reporting, as well as covering the sanity-competence issue.

[Save \\$110 on entire collection of special psychology lectures:](#) \$145

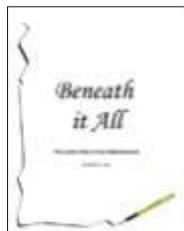
## Old favorites - Personality and Handwriting Monographs

[The Addictive Personality & its Handwriting](#) \$15



What do shopping, eating, religion, the Internet, alcohol and talking have in common? Includes features of the addictive personality; four types of abusive family structures; characteristics of the healthy personality.

[Beneath It All: The Lower Zone & Your Subconscious](#) \$10



A discussion of the lower zone, where basic drives and memories are stored. Learn the difference between fantasy and imagination, intuition, and conscious thought. Discover how the lower zone distributes the energy of the personality. Many fascinating and unusual handwriting samples.

[Looking at the Big Picture Recognizing the Gestalt](#) \$10



If you have learned to compile a list of personality traits but don't understand how to synthesize them into a meaningful analysis, this monograph will show you the way. You will learn about the pictures of space, form, and movement and what they mean to your analysis.

[Coping & Defense Mechanisms: Dealing With Your Pain](#)

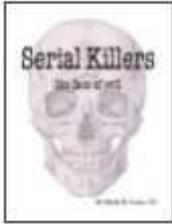
\$10



Learn about the many defenses that we use to help deal with the unpleasant experiences of life and see where these can be detected in handwriting: Repression, denial, aggression, self-criticism, or any of the other myriads of defenses. You will undoubtedly find yourself somewhere in these pages.

[Serial Killers: The Face of Evil](#)

\$15



What makes up the personality of a serial killer? What kind of childhood did he have? Is it possible to predict who will be a serial killer from handwriting? Explore the answers to these fascinating questions, with handwritings of several convicted serial murderers.

[Character Structure and Handwriting](#) - the schizoid, obsessional, hysteric and depressive personalities

\$20



Explore personality development and what happens when early childhood trauma interferes with normal emotional growth. The psychoanalytical theories of oral, anal and phallic periods of life are summarized in this monograph. Learn what to look for in handwriting to understand these stages of development. An overview of personality development under stress.

[Jung's Typology Applied to Handwriting](#)

\$15

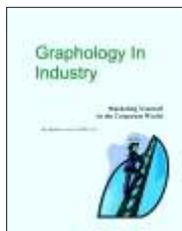


Do you need to know how to make a quick assessment of a handwriting? Typologies are a valuable resource to help you get an instant understanding of personality. Using the Myers-Briggs Temperament Indicator, this monograph helps you to quickly recognize and identify the writer's type.

## Handwriting in Business Monographs

### [Graphology in Industry, Marketing Yourself](#)

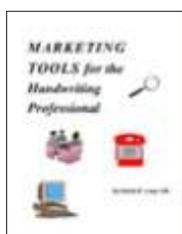
\$15



Now you're certified and ready to develop a graphological practice, but how do you do it? The first part of this paper contains many practical hints on getting into business, while the second part provides information you can use to create an effective marketing tool for yourself. Using the methods outlined in Graphology in Industry, the author created her own self-supporting practice.

### [Marketing Tools for the Handwriting Professional](#)

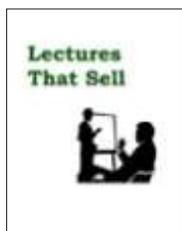
\$20



A collection of forms, marketing letters, and contracts for the handwriting professional, Tools will provide what you need to help get your handwriting analysis practice off the ground.

### [Lectures That Sell](#)

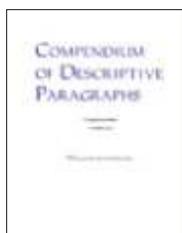
\$15



How to prepare a business lecture and deliver it effectively. A sample business lecture is included, along with masters you can use in Powerpoint or Keynote presentations.

### [Compendium of Descriptive Paragraphs](#)

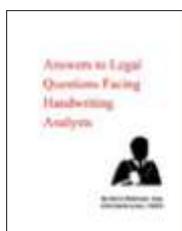
\$30



If you've ever been at a loss as to what to say or write in an analysis, you need this Compendium. Look up the personality trait you want to describe and you'll find a list of paragraphs to choose from, describing the trait. Over one hundred different characteristics discussed.

### [Answers to Legal Questions Affecting Graphologists](#)

\$20



A lawyer and a handwriting analyst tackle important issues facing handwriting professionals: privacy, copyright, EEOC, ADA and more.

[The Vanguard Newsletter](#)

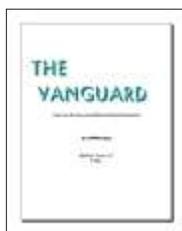
\$25/yr



*The Vanguard* is filled with hints and tips from other successful analysts who are willing to share their expertise. You are invited to send in your own tips, questions and problems you face as an analyst. Published quarterly since 1992, now in PDF online. Available by subscription or free as a benefit of membership in AHAF ([www.ahafhandwriting.org](http://www.ahafhandwriting.org))

[Vanguard Anthology](#) - All issues on CD from 1992-2013)

\$145

[Sheila Lowe's Handwriting Analyzer](#) software in two versions

Award winning, world's most advanced do-it-yourself handwriting analysis software. Sophisticated but user-friendly.

Professional version (includes personal version)

\$425

Specifically designed to create reports for employment analysis. Several types of analysis, charts, graphs. Ability to edit reports, and to understand what produced the results.

Personal version standalone

\$125

Produces personal reports only. Not intended for employment profiling.

Relationship module

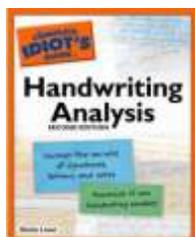
\$49

Add-on module works with either the Pro or Personal standalone version.

For a free trial or to purchase: [www.writinganalysis.com](http://www.writinganalysis.com)

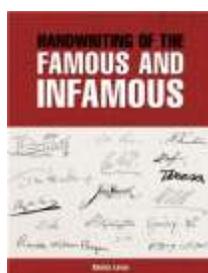
## Published Books by Sheila Lowe

[The Complete Idiot's Guide to Handwriting Analysis 2nd edition](#) \$16.95



A comprehensive guide to the gestalt method of graphology, with plenty of valuable information, even for the experienced handwriting analyst. Also resources for correspondence courses, organizations, certification, and guidelines on how to sell your services, plus much more (Macmillan, 2007)

[Handwriting of the Famous & Infamous](#)

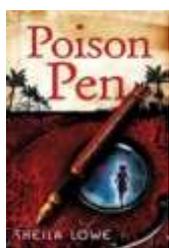


Handwriting samples of 75 authors, politicians, musicians and more, and an analysis of their handwriting. Also features handwriting analysis tips.

This book is currently out of print at the publisher, but is available on Amazon.com

## Forensic Handwriting Mystery Series (fiction) available in paperback where books are sold and on Kindle

[Poison Pen](#): Publicist to the stars Lindsey Alexander had few friends, but plenty of enemies. When her body is found in her Jacuzzi, police accept the words scrawled on crumpled piece of paper nearby as evidence of suicide. Handwriting expert Claudia Rose has a different opinion. And when her instincts push her to investigate further, Claudia finds herself entangled in a far darker scenario than she could have imagined.



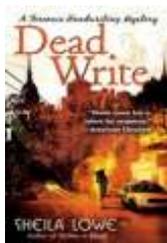
[Kindle version](#)

[Written in Blood](#): Paige Sorensen's stepchildren are dead set on proving that the young trophy wife forged their father's signature on his will bequeathing his estate, including the Sorensen Academy for Girls to her. When retained by Paige to prove her late husband's kids wrong, Claudia Rose, intrigued by this real-life soap opera, breaks her first rule: never get personally involved with clients. But she's grown attached to a troubled Sorensen student—and when disaster strikes, Claudia realizes that what she reads between the lines can mean the difference between life and death.



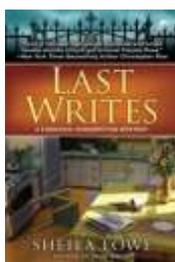
[Kindle edition](#)

**Dead Write:** At the behest of eccentric Russian matchmaker Grusha Olinetsky, Claudia Rose heads to the Big Apple to help unravel the question of why members of an elite dating service are mysteriously dying. Drawn into the feckless lives of the rich and single, Claudia finds herself in a twisted world of love and lies fueled by desperation. But is one among them desperate enough to kill?



[Kindle edition](#)

**Last Writes:** Erin Powers' family has been living in an isolated compound as members of the Temple of Brighter Light. Now her husband and child have disappeared, leaving behind a cryptic note. Frantic, Erin calls on her estranged sister, Kelly Brennan, for help. Kelly gets Claudia involved, and using her skills as a forensic handwriting expert, they manage to gain entry to the compound, where they must uncover the truth about the missing child before her life is written off for good.



[Kindle edition](#)

**COMING SOON:** *Inkslingers Ball*, #5 in the Forensic Handwriting Mysteries featuring Claudia Rose

**NEW!** *Standalone novel of suspense*

**What She Saw:** Imagine waking to the shock of finding yourself on a train and realizing that you don't know who you are, where you are coming from, or where you are going, and with the certain knowledge that you cannot afford to reveal your plight to anyone, least of all the police. *What She Saw* is a story of psychological suspense that follows a young woman through the terrifying labyrinth of amnesia, where no one is who or what they appear to be. Although this book is not part of the forensic handwriting series, Claudia Rose, Detective Joel Jovanic, and Dr. Zebediah Gold play an important role in helping this young woman uncover a devastating past to learn what she saw that so cruelly robbed her of her memory.



Available in paperback and [Kindle edition](#)

**Online self-study program in gestalt graphology**

**\$350**



Study at your own pace. Receive the four basic but complex lessons via PDF download. Sheila is available to provide help and offer feedback as requested, even after you have completed the course. Send in the correct answers to the quiz questions at the end of each section and receive a certificate of completion, which can be used towards AHAF certification. Self-study students are welcome to sit in on the live sessions at no additional cost.

Also available one lesson at a time

**\$97**

Monographs, CDs, and DVDs can be purchased through her secure website store: [www.sheilalowe.com/store](http://www.sheilalowe.com/store) She also sells monographs for several other authors, and many DVDs of Vanguard conference lectures are available on the site.

Sheila published books are available through [www.mostlybooksaz.com](http://www.mostlybooksaz.com), on Amazon.com or order through your local bookstore.

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